

2020

NASE - CSS CERTIFICATION RENEWAL

(Maintaining Certification as an NASE Certified Speed Specialist)

Name (Print as you want your name to appear on the certificate) _____
Date of Certification ___/___/___ **Institution** (If applicable) _____
Mailing Address _____ **City** _____ **State** ___ **Zip** _____
Tel. _____ **E-mail** _____ **Current Position/Title** _____

PAYMENT (\$49.95; add \$44.95 to renew your membership if it has expired)

___ Pay online or make check/money order payable to NASEINC

___ My NASE Membership is: ___ Current ___ Not Current, add \$44.95 to the Certification
Renewal fee and submit \$94.90 to NASEINC

Criteria Since Last Certification

In recognition of the extreme dedication and time constraints placed on certified members, the NASE uses a practical approach to ensure growth and development to maintain certification. The purpose of the 36-month renewal program is to encourage members to remain current and aware of new concepts, principles, theories and techniques in the area of speed improvement.

Every 36 months (3 years), applicants complete and return this *Renewal Application Form* after recording key activities that occurred since their previous certification date. Renewal criteria are met when certified members accumulate a total of **25 points** from the choices listed below. Applicants may request credit for other activities via e-mail, mail, or telephone.

	Points
1. Active NASE Membership. Your <i>first</i> year NASE membership is free. After the first 12-month period, you must renew your membership online (e-mail reminder notices are sent). You receive 5 points for renewing membership at the end of the <i>first</i> year and 5 more for renewing at the end of the <i>second</i> and <i>third</i> year.	5-10
2. Employment in an area of speed, strength, conditioning the previous 3 years since being certified: 1-2 years - 5 points. 3 years - 10 points	5-10
3. Attendance at a National Conference (10) or other Clinic, Conference, etc. (5)	5-10
4. CEU'S (up to 10)	0 - 10
5. Article(s) submitted for publication in the <i>Sports Speed Digest</i>	5
6. Article(s) published in the Sports Speed Digest, other journals, or book Chapters	10
7. College/University Course*	5
8. Program/Course development (attach Syllabus)	3
9. Presentation at a national, state, or regional conference	10
Other: TOTAL (25 or more circled)	_____

* Course-related fields: Anatomy, Physiology, Athletic Training, Physical Therapy, Exercise Physiology, Strength and Conditioning, Performance Enhancement, Fitness, and others.

INSTRUCTIONS: Circle the points above and include support data if available. The NASE staff will contact you if more information is needed. Return the form to: NASEINC, P.O. BOX 1784, KILL DEVIL HILLS, NC 27948 by mail or in an e-mail attachment. Make check or money order payable to NASEINC. You can also pay online for NASE Membership and Certification Renewal and submit the form by mail or in an e-mail attachment.