



## NASE Speed and Certification Clinic

July 22, 2023 (Saturday, 9-5pm) - Spartanburg H. S. (2250 E. Main St., Spartanburg, SC)

Become an NASE Certified Level II Speed Specialist (NASE-CSS), or just attend the Clinic (How to Increase the speed of team sport athletes), master key speed training concepts, and depart with a thorough understanding of exactly how speed is improved.

### Clinicians and Contact Information:

Dr. George Dintiman	252.441.1185	naseinc@earthlink.net.
Jeff Howser	919-812-7179	jghowser@cs.com
Mike Srock,	864.486.9304	srockstrength@gmail.com.
Dr Andrew Caldwell	334.782.0616	AMCaldwell@spart7.org

### Clinic Only (without Certification - \$125.00) Includes:

- Choice of hard or EPUB copy of book: *NASE Essentials of Next-Generation Sports Speed Training*, Healthy Learning Publishers ©2020 341 pgs.
- One year free NASE membership
- Access to an active website and NASE Archives (91 back Issues of *Sports Speed Digest* containing hundreds of speed articles, videos, blogs, and other membership amenities)

### Clinic and Level II Certification - \$295.00 All of above +

- NASE Certification as a Level II Speed Specialist (NASE-CSS)
- A printed certificate for framing and wall display.

**Free Materials:** *NASE Essentials of Next-Generation Sports Speed Training, Online Exam, and a Self-study Content Guide* listing exam content areas, number of test questions, and specific readings by content area. The Exam can be taken online within the next 4 months after the clinic with no additional fees for retaking a weakness area portion of the exam.

Register online at [naseinc.com](http://naseinc.com) or complete the form below:

Name \_\_\_\_\_ Address \_\_\_\_\_ City \_\_\_\_\_  
 State \_\_\_\_\_ Zip \_\_\_\_\_ Phone # \_\_\_\_\_ E-mail \_\_\_\_\_  
 Current Position \_\_\_\_\_ EPUB book, or \_\_\_\_\_ Hard Copy  
 \_\_\_\_\_ \$125.00 - Clinic only \_\_\_\_\_ \$295. Clinic and NASE Certification Mail check or money order to NASE  
 INC, Box 1784, Kill Devil Hills, NC 27948, or register online at [naseinc.com](http://naseinc.com)

**Dr. George B. Dintiman**, President, NASE, internationally recognized authority on speed improvement, author of 52 books (8 on sports speed in 4 languages), former NFL draft choice.

**Jeff Howser**, Former ACC champion and All-American hurdler, 4 time Olympic trials qualifier, former sprints and hurdles coach at the University of Florida, UCLA, N.C. State, Duke and the University of North Carolina.

**Michael Srock**, one of the most successful H.S. Speed, Strength and Conditioning Coaches in the USA, with a multitude of Coach of Year, Hall of Fame, and other awards/honors demonstrating his effectiveness over five decades.

**Dr. Andrew Caldwell**, Director of Athletic Development at Spartanburg H.S., District Strength and Speed Coach is one of the best H.S. strength coaches in the nation, a Level 1 USA Weightlifting coach, Level 1 Track and Field coach and a certified SPARQ trainer.

**Saturday, July 23, 2023**

8:30 - 9:00 Registration  
9:00 - 11:00 Presentation/Clinic  
11:00 -11:15 Break  
11:15-12:15 Presentation/Clinic  
12:15-1:00 Lunch

1:00 - 2:30 Presentation/Clinic  
2:30 - 2:45 Break  
2:45 - 4:00 Presentation/Clinic  
4:00 - 5:00. Presentation/Clinic  
5:00-5:15 NASE Certification Exam Specifics